



*Thank you*

*You planted a seed of hope  
in Kayezi.*

*Watch it bloom.*

The Seed

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Your 2016 sponsorship update  
from your sponsored child's community in Malawi.

# Thank you for helping to bring hope to your sponsored child's community.

## Emily can smile because she has a brighter future

Emily, 15, lives in a village in Kayezi with her mum, dad and two brothers. Her parents told us they used to earn less than a dollar a week. The family ate once a day and slept under a leaking roof.

Emily dreamed of higher education, but they couldn't afford the fees. "I was sent back from school because I had no uniform," she says. "I had to repeat classes; otherwise I would be in secondary school now."

Thanks to you, Emily's family received two cows. Soon they'd sold enough milk to build a new home. When their cattle bred, they sold two cows and bought goats and chickens. Now they have plenty to eat and sell and the whole community benefits from the family's cows.

Emily smiles – she can concentrate on her studies now.



**TOP RIGHT:** Emily and her family love their new home, built with the earnings from their cattle. **BOTTOM:** Emily's mum and dad feed their family regular healthy meals, thanks to you. © 2016 World Vision



*“My family enjoys fresh milk every morning. This has helped us to enjoy good health,” says one villager.*





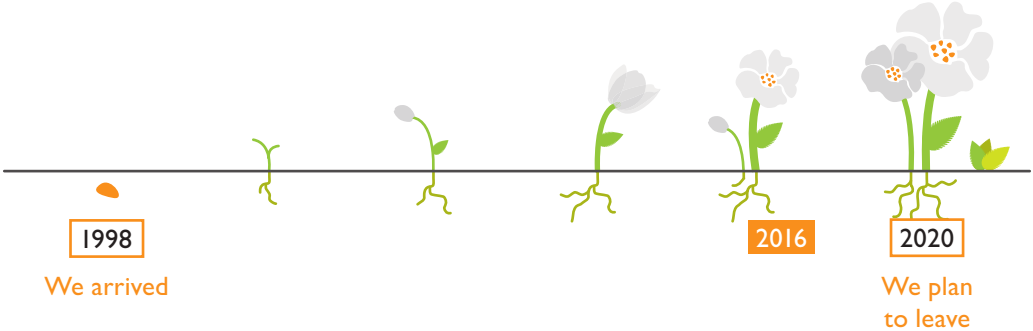
# We've come a long way, and we're still making progress — *all thanks to you.*

We've been working in the community of Kayezi since **1998**. Back then children faced many problems: malnutrition; poverty; the grief of being orphaned through AIDS; poor health due to preventable illness; and poor sanitation.

Since then, things have begun to change for the better. Children are better nourished and grow up healthy and strong; almost everyone has learned how to protect themselves from HIV and AIDS; and most children are now vaccinated against life-threatening diseases and are less fearful of getting ill.

Despite these improvements, life is still hard for your sponsored child, and we really need your continuing support to ensure all the good we have managed to achieve for them isn't lost.

Thanks to your incredibly generous sponsorship of your sponsored child, we can stay in the area for another four to five years. We plan to leave in **2020**, but we will only go once we are confident that the change you have made, and the hope that you have given, will continue after we have left.



# How you have helped this year...

We've picked out a small selection of the ways you have helped to bring hope to your sponsored child and their community. The reality is that you've helped us achieve much, much more.

- \* Children are better fed and grow properly, with fewer than **10%** underweight.
- \* Families know how to keep clean, so children don't worry about getting sick.
- \* More pregnant women and their babies stay healthy now they get good antenatal care.
- \* Over **75%** of under-fives have had essential vaccinations.
- \* Thousands of children learned about good health and received essential medicines at Child Health Days.
- \* More children get urgent de-worming drugs now doctors' transport costs are covered.
- \* **94%** of babies are delivered by trained midwives.
- \* Children grow in confidence at **8** children's clubs and **12** bible study groups.

*"Seeing the video is very touching and makes my sponsorship more real to me."* Gillian, Newtownabbey.

Have you seen your video from your sponsored child's community showing just how much your support means to them? Watch it today.

Register now at [www.worldvision.org.uk/my-sponsorship](http://www.worldvision.org.uk/my-sponsorship). See back cover for more details.



**TOP LEFT:** Wanangwa says, "I wash my hands before every meal. My parents learned about hygiene and we're now free from disease." **BOTTOM LEFT:** Mercy collects clean, safe water from a nearby borehole rather than walking miles to the river. **BOTTOM RIGHT:** More women attend antenatal sessions now, and fewer mums-to-be die in pregnancy.



## How do children like your sponsored child feel when they hear from their sponsor?

We asked sponsored children to share their thoughts with us...

*"I keep them in my secret box, so that no one can get them."* Elina, 5, Armenia.

*"I want to spend Christmas Day at church singing songs for my sponsor so that God can bless her."* Bibian, 15, Zambia.

*"I am happy to receive a Christmas card from my sponsor in the UK. I've shown it to my friends and I keep it in my bag. I want my sponsor to visit me, and I would love to say hello to them."* Sokly, 15, Cambodia.

However you choose to stay in touch with your sponsored child – whether by writing, emailing them on My Sponsorship, sharing photos or just taking a few moments in a busy day to think about or pray for them – thank you for bringing hope to your sponsored child.

Keep an eye out in the post as we'll send a Christmas card for you to send to your sponsored child in a few weeks' time.

**ABOVE:** Christmas cards add a spark of excitement to a normal day for Letson, 5, from Zambia.

*"I am very happy to see that I am in your thoughts. You are so special to me. I am thankful for all you have done for me."*

Gentiana, 12, Albania.

# For the long-term, for lasting change, **for ever.**

Thanks to you, and other sponsors who are equally generous, we can work alongside a community for 15 years. That gives us time to help them bring about lasting change themselves, so they can continue to care for children long after we've left. When we do leave, it's because they're strong enough to stand on their own two feet.

Amanda (pictured below) has sponsored six children over 31 years, including Wasim, who she met in person on a trip to Bangladesh. She knows how it feels to say goodbye after so many years...

*"It was a wrench... [but it was] so lovely to have that connection with Wasim and to see him grow and progress, and now we're sponsoring Joya. So we have every hope that she will progress as well as Wasim did."*

Mary has been a sponsor for 34 years. In this time she's sponsored eight children. She tells us what this was like for her...

*"As I never married and haven't had children of my own it's been a blessing knowing that I have helped in some way to improve the lives of children a long way away and let them know that I care about them and love them. I will always be a sponsor and support World Vision even when I'm gone."*

## How you can improve the lives of children for ever

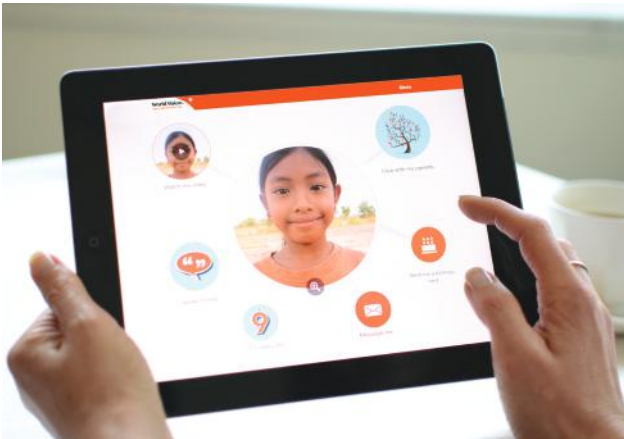
You're already creating a legacy by giving real hope to your sponsored child and their community. A legacy of permanent, positive change. By leaving a gift in your will, you can continue to bring life in all its fullness to vulnerable children for generations to come.

To find out more about this way of giving, please call our Legacy team on

**01908 84 10 60** or email [legacies@worldvision.org.uk](mailto:legacies@worldvision.org.uk)



# Feel closer than ever before



Go to My Sponsorship today

*“I love being able to send a message. It’s so easy to do and brings them closer as part of the family.”*

Ruth, Billingham.

My Sponsorship is the place on our website where you can find out more about your sponsored child, send messages, see photos and watch videos.

Here’s what sponsors like about it...

*“The video is amazing! Brought a tear to my eye.”* Joanna, Newtownards.

*“It’s great to see more photos of the community where my sponsored child lives (I went through every photo looking out for her).”* Hannah, London.

*“I love the part where I can send pictures and tell them about a day in my life. Seeing the videos of what’s happening in the communities just makes it so real.”* Kathryn, Kings Lynn.

## How to register?

Go to [www.worldvision.org.uk/my-sponsorship](http://www.worldvision.org.uk/my-sponsorship) to register today.

All you’ll need is your Supporter ID.



This Halloween, join in with other sponsors and carve a **heart** in your pumpkin as a symbol of hope for children living in fear.

For more ideas and to find out how you can get involved visit [www.worldvision.org.uk/carveaheart](http://www.worldvision.org.uk/carveaheart)

#carveaheart



CARVE  HEART

World Vision is the world’s largest international children’s charity. Every day we bring real hope to millions of children in the world’s hardest places as a sign of God’s unconditional love.

#WorldVisionUK



**FRONT COVER:** These children from Malawi have hope for the future. © 2016 World Vision

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