



*Thank you*

*You planted a seed of hope  
in Nyatike.*

*Watch it bloom.*

The Seed

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Your 2016 sponsorship update  
from your sponsored child's community in Kenya.

Thank you for helping to bring hope to your sponsored child's community.

## Better toilets mean more girls like Flevian are enrolling at school

Flevian is 12 years old and lives at home with her parents Kenneth and Rose in Nyatike. There were no toilets in Flevian's school. The only option was to go behind the bushes nearby. Pupils needed to ask for permission from the teacher to be excused from class to go to the toilet. However, having to use the bushes is scary and unpleasant, as there are flies and even poisonous snakes. Flevian sometimes felt too frightened to go. During



**ABOVE:** Flevian (far right) used to have to go to the toilet whilst at school, in the bushes. Thanks to you, new toilets mean Flevian feels more comfortable at school and the number of children attending has increased by a fifth. © 2016 World Vision

rainy season floods, human waste would be washed into the water sources for the village, causing diseases like diarrhoea, which their parents could not afford to treat with expensive medicines.

Thanks to your support, we've built toilets in schools for children like Flevian. They are now free from the fear of having to go to the toilet and falling ill. The toilets mean more children have enrolled at school, especially girls. Since the building of toilets in the primary school, enrolment has increased by a fifth. There are also more teachers wanting to teach at the school.

*“Because we have toilets, we are free from diseases. So now, we are so happy because we don’t expect snakes to threaten our lives, and even flies can’t disturb us,” says a happy Flevian.*







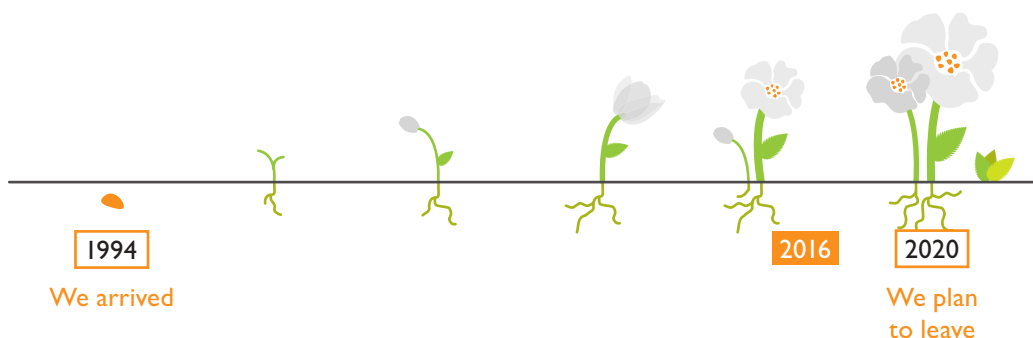
# We've come a long way, and we're still making progress — *all thanks to you.*

We've been working with the community of Nyatike since **1994**. Back then, children faced many problems: the fear of illness due to a lack of immunisations and poor sanitation; too few schools and teachers, meaning the children weren't getting a decent education; low incomes; and insufficient food, so many children went to bed hungry.

Since then, things have begun to change for the better. More young children have been immunised so they are healthier and less frightened about catching diseases; and more children are eating nutritious food, growing up healthy and strong and developing as they should, with the energy to enjoy their childhoods to the full.

Despite these improvements, life is still hard for your sponsored child, and we really need your continuing support to ensure all the good we have managed to achieve for them isn't lost.

Thanks to your incredibly generous sponsorship of your sponsored child, we can stay in the area for another four to five years. We plan to leave in **2020** but we will only go once we are confident that the change you have made, and the hope that you have given, will continue after we have left.



# How you have helped this year...

We've picked out a small selection of the ways you have helped to bring hope to your sponsored child and their community. The reality is that you've helped us achieve much, much more.

- \* **2,620** more children now have a birth certificate, allowing them to have better healthcare and the best start in life.
- \* **12,000** trees were planted by students across **41** schools to help the environment and make their schools a nicer place to learn.
- \* We've helped build **10** maternity rooms in health centres, so that mothers can have a safe place to give birth.
- \* **250** households and **747** school children now have access to clean water only a short distance from their homes.
- \* We've built **181** toilets in households where there were none. Families can now live with less risk of catching diseases.
- \* We've set up **12** mothers' groups which are helping to keep expectant mothers and their children healthy.
- \* **2** community groups are teaching families about better hygiene habits such as hand washing, to help protect them from disease.
- \* We're helping more mothers deliver their babies safely through better healthcare. This year, **1,801** babies have been delivered safely.

*"Seeing the video is very touching and makes my sponsorship more real to me."* Gillian, Newtownabbey.

Have you seen your video from your sponsored child's community showing just how much your support means to them? Watch it today.

Register now at [www.worldvision.org.uk/my-sponsorship](http://www.worldvision.org.uk/my-sponsorship).

See back cover for more details.



**TOP LEFT:** Simon with his classmates at their primary school. His goal is to finish school, get a good job and support his mother and siblings. © 2015 Mathew Owilli/World Vision **BOTTOM LEFT:** Livelihood groups help families to grow nutritious crops, like leafy cabbages. This boosts their incomes and means they can provide healthier food for their children. **BOTTOM RIGHT:** School children having fun and playing games on World Water Day. Thanks to you, 747 school children now have clean water close to home.



## How do children like your sponsored child feel when they hear from their sponsor?

We asked sponsored children to share their thoughts with us...

*"I keep them in my secret box, so that no one can get them."* Elina, 5, Armenia.

*"I want to spend Christmas Day at church singing songs for my sponsor so that God can bless her."* Bibian, 15, Zambia.

*"I am happy to receive a Christmas card from my sponsor in the UK. I've shown it to my friends and I keep it in my bag. I want my sponsor to visit me, and I would love to say hello to them."* Sokly, 15, Cambodia.

However you choose to stay in touch with your sponsored child – whether by writing, emailing them on My Sponsorship, sharing photos or just taking a few moments in a busy day to think about or pray for them – thank you for bringing hope to your sponsored child.

Keep an eye out in the post as we'll send a Christmas card for you to send to your sponsored child in a few weeks' time.

**ABOVE:** Christmas cards add a spark of excitement to a normal day for Letson, 5, from Zambia.

*"I am very happy to see that I am in your thoughts. You are so special to me. I am thankful for all you have done for me."*

Gentiana, 12, Albania.



# For the long-term, for lasting change, **for ever.**

Thanks to you, and other sponsors who are equally generous, we can work alongside a community for 15 years. That gives us time to help them bring about lasting change themselves, so they can continue to care for children long after we've left. When we do leave, it's because they're strong enough to stand on their own two feet.

Amanda (pictured below) has sponsored six children over 31 years, including Wasim, who she met in person on a trip to Bangladesh. She knows how it feels to say goodbye after so many years...

*"It was a wrench... [but it was] so lovely to have that connection with Wasim and to see him grow and progress, and now we're sponsoring Joya. So we have every hope that she will progress as well as Wasim did."*

Mary has been a sponsor for 34 years. In this time she's sponsored eight children. She tells us what this was like for her...

*"As I never married and haven't had children of my own it's been a blessing knowing that I have helped in some way to improve the lives of children a long way away and let them know that I care about them and love them. I will always be a sponsor and support World Vision even when I'm gone."*

## How you can improve the lives of children for ever

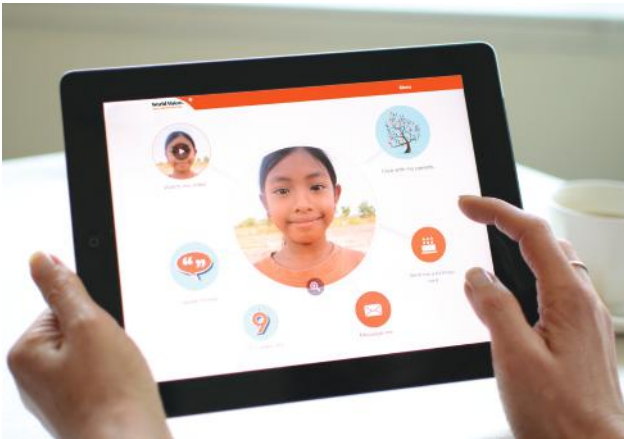
You're already creating a legacy by giving real hope to your sponsored child and their community. A legacy of permanent, positive change. By leaving a gift in your will, you can continue to bring life in all its fullness to vulnerable children for generations to come.

To find out more about this way of giving, please call our Legacy team on

**01908 84 10 60** or email [legacies@worldvision.org.uk](mailto:legacies@worldvision.org.uk)



# Feel closer than ever before



*“I love being able to send a message. It’s so easy to do and brings them closer as part of the family.”*

Ruth, Billingham.

Go to My Sponsorship today

My Sponsorship is the place on our website where you can find out more about your sponsored child, send messages, see photos and watch videos.

Here’s what sponsors like about it...

*“The video is amazing! Brought a tear to my eye.”* Joanna, Newtownards.

*“It’s great to see more photos of the community where my sponsored child lives (I went through every photo looking out for her).”* Hannah, London.

*“I love the part where I can send pictures and tell them about a day in my life. Seeing the videos of what’s happening in the communities just makes it so real.”* Kathryn, Kings Lynn.

## How to register?

Go to [www.worldvision.org.uk/my-sponsorship](http://www.worldvision.org.uk/my-sponsorship) to register today.

All you’ll need is your Supporter ID.



This Halloween, join in with other sponsors and carve a **heart** in your pumpkin as a symbol of hope for children living in fear.

For more ideas and to find out how you can get involved visit [www.worldvision.org.uk/carveaheart](http://www.worldvision.org.uk/carveaheart)

#carveaheart



CARVE  HEART

World Vision is the world’s largest international children’s charity. Every day we bring real hope to millions of children in the world’s hardest places as a sign of God’s unconditional love.

**FRONT COVER:** These children from Kenya now have hope for the future.

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