



Thank you

*You planted a seed of hope
in Sanzukwe.*

Watch it bloom.

The Seed

Your 2016 sponsorship update
from your sponsored child's community in Zimbabwe.

Thank you for helping to bring hope to your sponsored child's community.

A future full of hope for Pamela and her friends

Pamela is 16 and lives in a village in Sanzukwe with her mum and dad. For children like Pamela, malnutrition was a fact of life. They would often become ill because their parents couldn't afford to feed them nutritious food. Or they became ill from not washing their hands before they cooked or ate. At school, Pamela didn't have the right equipment to help her succeed, and didn't learn about the importance of eating healthily and washing her hands.

Thanks to you, Pamela's school was given funding, and equipment, and was able to offer more practical subjects like building studies, fashion and fabrics, agriculture and food technology. "I have learned to be economical and not to waste ingredients," says Pamela.

All these things will enable Pamela and her friends to start up their own businesses, creating their own future employment, and opening up a world of opportunities.



TOP RIGHT: Pamela and her friends celebrate during the official opening of the home economics block.
BOTTOM LEFT AND RIGHT: Thanks to you, Pamela and her friends can learn how to cook in Food Technology lessons. © 2016 World Vision



“I have learned how to bake and preserve food and how to keep my kitchen clean. I can also prepare foreign dishes,” says Pamela.



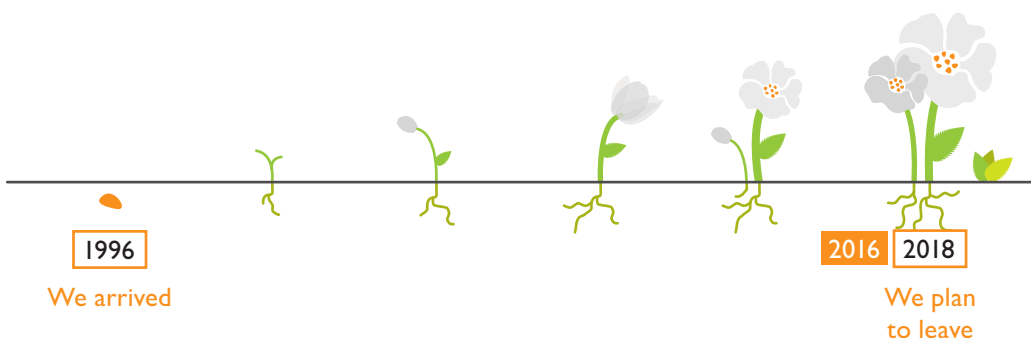


We've come a long way, and we're still making progress — *all thanks to you.*

We've been working with the community of Sanzukwe since **1996**. Back then, children faced many problems, from malnutrition to poor education.

Since then, things have begun to change for the better. Families are encouraging children who have dropped out of school to return so they can reach their full potential; and parents have been learning how to grow more food to feed their children. More recently however, families are being hit hard by drought, worsened by El Niño. They are struggling to grow crops or plan for their futures. Thanks to you, we're working alongside families, to help them cope. Food is being distributed, and we'll continue to give out food until the end of September, when we'll reassess the situation. We really need your continuing support to ensure all the good we've managed to achieve isn't lost.

Thanks to your incredibly generous sponsorship of your sponsored child, we can stay in the area for another two to three years. We plan to leave in **2018**, but we will only go once we are confident that the change you have made, and the hope that you have given, will continue after we have left.



How you have helped this year...

We've picked out a small selection of the ways you have helped to bring hope to your sponsored child and their community. The reality is that you've helped us achieve much, much more.

- * Indoor spraying in **16** villages has meant that malaria related illnesses have dropped significantly in the last year.
- * **25** malnourished children have recovered and gained weight.
- * In the last year, fewer children under the age of five have suffered from diarrhoea.
- * **95%** of babies have been delivered by trained midwives at health centres.
- * Mothers and babies are being better cared for by **56** properly trained community leaders.
- * **1,277** secondary school children have learned how to prevent HIV and AIDS.
- * Parents now value education, and **85%** of children are now completing secondary school.
- * We trained **116** secondary school children to become ambassadors for health and children's rights.

“Seeing the video is very touching and makes my sponsorship more real to me.” Gillian, Newtownabbey.

Have you seen your video from your sponsored child's community showing just how much your support means to them? Watch it today.

Register now at www.worldvision.org.uk/my-sponsorship. See back cover for more details.



TOP LEFT: Thanks to you, malnourished children are recovering and putting on weight. **BOTTOM LEFT:** “My wish is to complete my studies so I can secure a self-sustaining job that will enable me to take care of my siblings,” says Brighton, 17. © 2016 World Vision. **BOTTOM RIGHT:** Children together with teachers can now drink clean water. © 2016 World Vision



How do children like your sponsored child feel when they hear from their sponsor?

We asked sponsored children to share their thoughts with us...

"I keep them in my secret box, so that no one can get them." Elina, 5, Armenia.

"I want to spend Christmas Day at church singing songs for my sponsor so that God can bless her." Bibian, 15, Zambia.

"I am happy to receive a Christmas card from my sponsor in the UK. I've shown it to my friends and I keep it in my bag. I want my sponsor to visit me, and I would love to say hello to them." Sokly, 15, Cambodia.

However you choose to stay in touch with your sponsored child – whether by writing, emailing them on My Sponsorship, sharing photos or just taking a few moments in a busy day to think about or pray for them – thank you for bringing hope to your sponsored child.

Keep an eye out in the post as we'll send a Christmas card for you to send to your sponsored child in a few weeks' time.

ABOVE: Christmas cards add a spark of excitement to a normal day for Letson, 5, from Zambia.

"I am very happy to see that I am in your thoughts. You are so special to me. I am thankful for all you have done for me."

Gentiana, 12, Albania.

For the long-term, for lasting change, **for ever.**

Thanks to you, and other sponsors who are equally generous, we can work alongside a community for 15 years. That gives us time to help them bring about lasting change themselves, so they can continue to care for children long after we've left. When we do leave, it's because they're strong enough to stand on their own two feet.

Amanda (pictured below) has sponsored six children over 31 years, including Wasim, who she met in person on a trip to Bangladesh. She knows how it feels to say goodbye after so many years...

"It was a wrench... [but it was] so lovely to have that connection with Wasim and to see him grow and progress, and now we're sponsoring Joya. So we have every hope that she will progress as well as Wasim did."

Mary has been a sponsor for 34 years. In this time she's sponsored eight children. She tells us what this was like for her...

"As I never married and haven't had children of my own it's been a blessing knowing that I have helped in some way to improve the lives of children a long way away and let them know that I care about them and love them. I will always be a sponsor and support World Vision even when I'm gone."

How you can improve the lives of children for ever

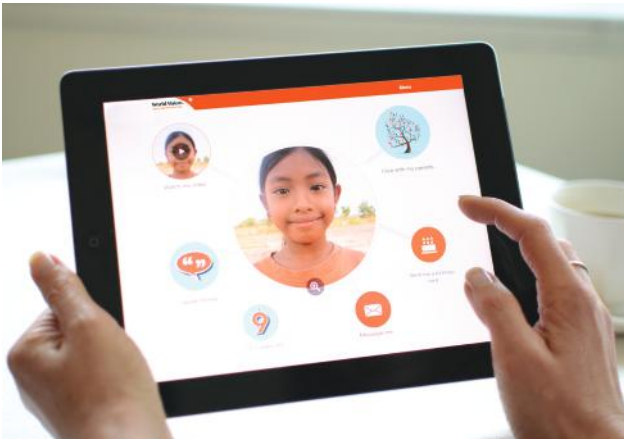
You're already creating a legacy by giving real hope to your sponsored child and their community. A legacy of permanent, positive change. By leaving a gift in your will, you can continue to bring life in all its fullness to vulnerable children for generations to come.

To find out more about this way of giving, please call our Legacy team on

01908 84 10 60 or email legacies@worldvision.org.uk



Feel closer than ever before



“I love being able to send a message. It’s so easy to do and brings them closer as part of the family.”

Ruth, Billingham.

Go to My Sponsorship today

My Sponsorship is the place on our website where you can find out more about your sponsored child, send messages, see photos and watch videos.

Here’s what sponsors like about it...

“The video is amazing! Brought a tear to my eye.” Joanna, Newtownards.

“It’s great to see more photos of the community where my sponsored child lives (I went through every photo looking out for her).” Hannah, London.

“I love the part where I can send pictures and tell them about a day in my life. Seeing the videos of what’s happening in the communities just makes it so real.” Kathryn, Kings Lynn.

How to register?

Go to www.worldvision.org.uk/my-sponsorship to register today.

All you’ll need is your Supporter ID.



This Halloween, join in with other sponsors and carve a **heart** in your pumpkin as a symbol of hope for children living in fear.

For more ideas and to find out how you can get involved visit www.worldvision.org.uk/carveaheart

#carveaheart



CARVE  HEART

World Vision is the world’s largest international children’s charity. Every day we bring real hope to millions of children in the world’s hardest places as a sign of God’s unconditional love.

#WorldVisionUK



FRONT COVER: These children now have water at school. © 2015 World Vision / Margret Masanga

World Vision UK is a registered charity no. 285908, a company limited by guarantee and registered in England no.1675552. Registered office as above. Printed on paper from sustainable sources. All photos unless otherwise stated: © 2015 World Vision C/0000035/1.5