



Thank you

*You planted a seed of hope
in Tiddim.*

Watch it bloom.

The Seed

Your 2016 sponsorship update
from your sponsored child's community in Myanmar.

Thank you for helping to bring hope to your sponsored child's community.

Bringing hope to children like Vung

Vung, 12, lives in a small village on the mountainous hillside of Tiddim with her mum, brother and sister. For children like Vung, life has been hard. During the winter it was tough for her widowed mum to grow enough food for them to eat, let alone sell.

Earning enough to send Vung and her brother and sister to school was all but impossible. Her mum worried that in winter her children would get wet and cold under their home's broken roof.

Thanks to you, the local community group gave Vung's mother, Nu Cing, a milking goat. She sold its milk so her children could go to school. After a storm destroyed their roof, the family was able to sell the goat at this time of need to buy a better zinc roof.

Through their links with the community group, Vung's family have since been given a pigsty and piglets. They use the money they make from their livestock for education and health check-ups. Now Vung looks forward to a happy future.



TOP RIGHT: Thanks to the pig you provided, Nu Cing, Vung's mum, earns more. **BOTTOM:** Nu Cing replaced their roof with earnings from their milking goat.



“I love sleeping under a safe roof, and it keeps us warm. All I can say is thanks to God and to World Vision sponsors,” says Vung.





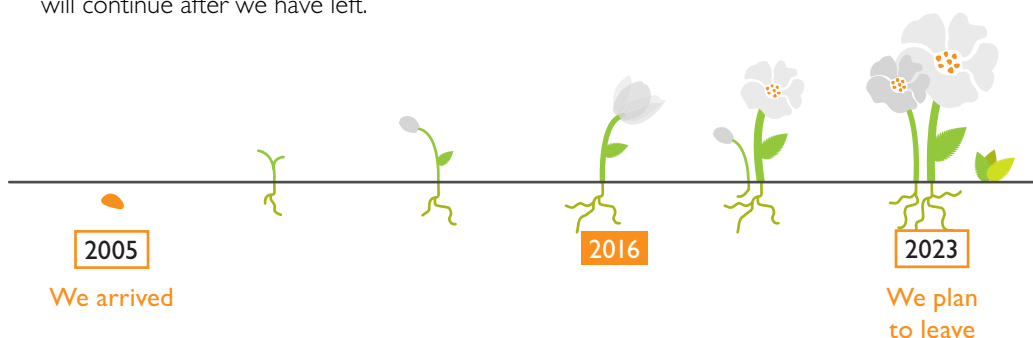
We've come a long way, and we're still making progress — *all thanks to you.*

We've been working with the community of Tiddim since **2005**. Back then, children faced many problems: malnutrition; lack of sanitation and poor hygiene; poor-quality education; and the risk of catching a preventable disease coupled with poor healthcare.

Since then, things have begun to change for the better. Amongst other things, children are less hungry now that their families know how to grow more crops; pregnant women are better cared for and more babies are born with a midwife present, increasing their chances of growing up healthy and strong; and schools now have better resources, helping more children reach their full potential.

Despite these improvements, life is still hard for your sponsored child, and we really need your continuing support to ensure all the good we have managed to achieve for them isn't lost.

Thanks to your incredibly generous sponsorship of your sponsored child, we can stay in the area for another seven to eight years. We plan to leave in **2023**, but we will only go once we are confident that the change you have made, and the hope that you have given, will continue after we have left.



How you have helped this year...

We've picked out a small selection of the ways you have helped to bring hope to your sponsored child and their community. The reality is that you've helped us achieve much, much more.

- * **1,200** children now know about their rights and how to protect themselves and their friends.
- * **28** vulnerable children are better off now their families have piglets to breed and sell.
- * **7** villages have a referral system so more children under five years old get health check-ups.
- * More children are learning now there are **12** schools with new classrooms, **10** new secondary schools and **15** new study centres.
- * **50** childcare centres help stop children getting ill by offering new hand-washing facilities.
- * **1,072** children are healthier now their mums know how to cook nutritious meals.
- * **420** farmers learned how to prevent disease in their animals, and earn more for their families.
- * **1,429** people learned how to make a mud stove and use less firewood when they cook family meals.

“Seeing the video is very touching and makes my sponsorship more real to me.” Gillian, Newtownabbey.

Have you seen your video from your sponsored child's community showing just how much your support means to them? Watch it today.

Register now at www.worldvision.org.uk/my-sponsorship. See back cover for more details.



TOP LEFT: Thanks to you, children enjoy better health and can go to school. **BOTTOM LEFT:** Thanks to better water supplies, equipment and training, families grow and sell vegetables year-round. **BOTTOM RIGHT:** Children enjoy a healthy lunch at the childcare centre, thanks to you.



How do children like your sponsored child feel when they hear from their sponsor?

We asked sponsored children to share their thoughts with us...

"I keep them in my secret box, so that no one can get them." Elina, 5, Armenia.

"I want to spend Christmas Day at church singing songs for my sponsor so that God can bless her." Bibian, 15, Zambia.

"I am happy to receive a Christmas card from my sponsor in the UK. I've shown it to my friends and I keep it in my bag. I want my sponsor to visit me, and I would love to say hello to them." Sokly, 15, Cambodia.

However you choose to stay in touch with your sponsored child – whether by writing, emailing them on My Sponsorship, sharing photos or just taking a few moments in a busy day to think about or pray for them – thank you for bringing hope to your sponsored child.

Keep an eye out in the post as we'll send a Christmas card for you to send to your sponsored child in a few weeks' time.

ABOVE: Christmas cards add a spark of excitement to a normal day for Ei Myat Maw, 12, Wai Zin Phyo, 12, Khin Myat Thu, 13, from Myanmar.

"I am very happy to see that I am in your thoughts. You are so special to me. I am thankful for all you have done for me."

Gentiana, 12, Albania.

For the long-term, for lasting change, **for ever.**

Thanks to you, and other sponsors who are equally generous, we can work alongside a community for 15 years. That gives us time to help them bring about lasting change themselves, so they can continue to care for children long after we've left. When we do leave, it's because they're strong enough to stand on their own two feet.

Amanda (pictured below) has sponsored six children over 31 years, including Wasim, who she met in person on a trip to Bangladesh. She knows how it feels to say goodbye after so many years...

"It was a wrench... [but it was] so lovely to have that connection with Wasim and to see him grow and progress, and now we're sponsoring Joya. So we have every hope that she will progress as well as Wasim did."

Mary has been a sponsor for 34 years. In this time she's sponsored eight children. She tells us what this was like for her...

"As I never married and haven't had children of my own it's been a blessing knowing that I have helped in some way to improve the lives of children a long way away and let them know that I care about them and love them. I will always be a sponsor and support World Vision even when I'm gone."

How you can improve the lives of children for ever

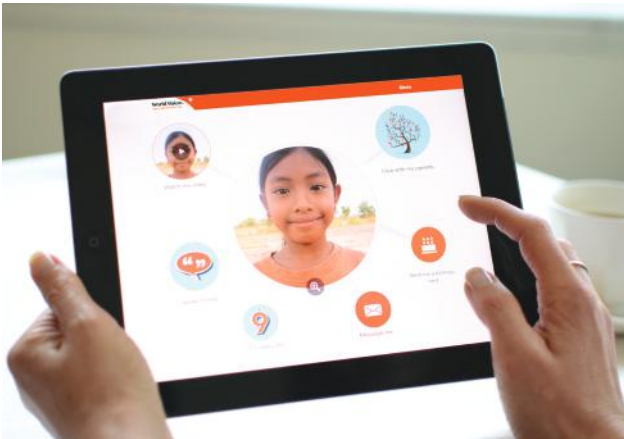
You're already creating a legacy by giving real hope to your sponsored child and their community. A legacy of permanent, positive change. By leaving a gift in your will, you can continue to bring life in all its fullness to vulnerable children for generations to come.

To find out more about this way of giving, please call our Legacy team on

01908 84 10 60 or email legacies@worldvision.org.uk



Feel closer than ever before



“I love being able to send a message. It’s so easy to do and brings them closer as part of the family.”

Ruth, Billingham.

Go to My Sponsorship today

My Sponsorship is the place on our website where you can find out more about your sponsored child, send messages, see photos and watch videos.

Here’s what sponsors like about it...

“The video is amazing! Brought a tear to my eye.” Joanna, Newtownards.

“It’s great to see more photos of the community where my sponsored child lives (I went through every photo looking out for her).” Hannah, London.

“I love the part where I can send pictures and tell them about a day in my life. Seeing the videos of what’s happening in the communities just makes it so real.” Kathryn, Kings Lynn.

How to register?

Go to www.worldvision.org.uk/my-sponsorship to register today.

All you’ll need is your Supporter ID.



This Halloween, join in with other sponsors and carve a **heart** in your pumpkin as a symbol of hope for children living in fear.

For more ideas and to find out how you can get involved visit www.worldvision.org.uk/carveaheart

#carveaheart



CARVE  HEART

World Vision is the world’s largest international children’s charity. Every day we bring real hope to millions of children in the world’s hardest places as a sign of God’s unconditional love.

#WorldVisionUK



FRONT COVER: Thi, 13, from Myanmar, helps her cousin with school work. © 2016 World Vision

World Vision UK is a registered charity no. 285908, a company limited by guarantee and registered in England no.1675552. Registered office as above. Printed on paper from sustainable sources. All photos unless otherwise stated: © 2015 World Vision C/0000044/1.5